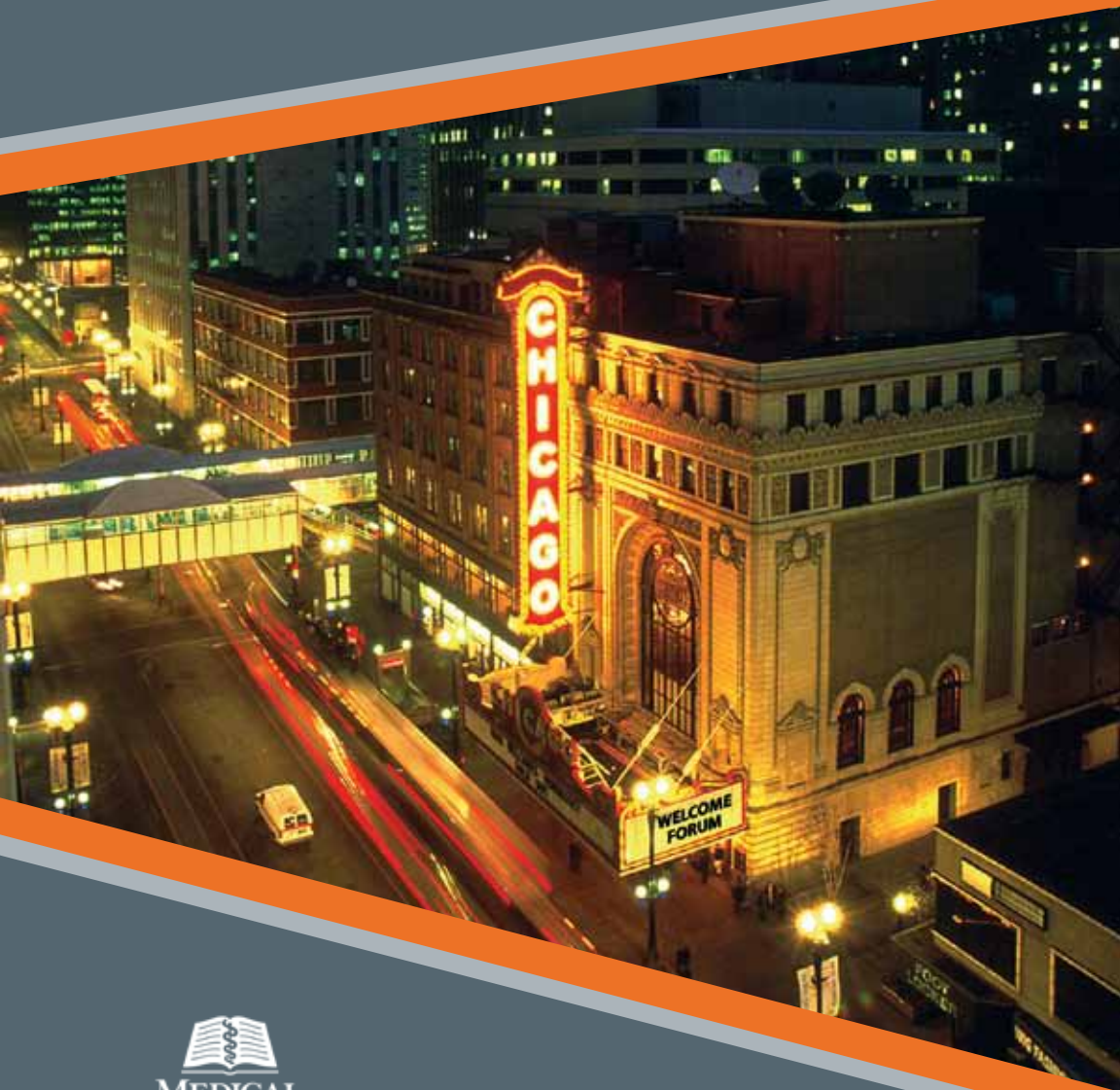


2017 THEME: THE PATIENT'S VOICE

The 38th Forum for Behavioral Science in Family Medicine

September 13-16, 2017



MEDICAL
COLLEGE
OF WISCONSIN

CONTINUING EDUCATION
PROGRAM

Sponsored by
The Medical College of Wisconsin
Department of Family & Community Medicine

Endorsed by The Society of Teachers of Family Medicine

Sponsor

The Medical College of Wisconsin, Department of Family and Community Medicine

Planning Committee

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Conference Coordinator
Medical College of Wisconsin

WEB SITE:

www.familymedicine.org

- Online registration
- Plenary/Speaker bios
- Detailed abstracts of each session's content

ACCREDITATION

The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Physicians – The Medical College of Wisconsin designates this live activity for a maximum of 21.00 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Allied Health Professionals – The Medical College of Wisconsin designates this activity for up to 21.00 hours of participation for continuing education for allied health professionals.

Psychologists – The Medical College of Wisconsin is approved by the American Psychological Association to sponsor continuing education for psychologists. The Medical College of Wisconsin maintains responsibility for this program and its content. This activity contains content or processes that may be potentially stressful.



Social Workers – The Medical College of Wisconsin is registered with the Illinois Department of Professional Regulation as a Continuing Education Sponsor for social workers (License No. 159-000664).

Family Practice Physicians – Application for CME credit has been filed with the American Academy of Family Physicians.

Determination of credit is pending.

OBJECTIVES

- After attending sessions and workshops which describe effective teaching strategies and educational interventions, attendees will be able to plan, provide and/or evaluate effective educational interventions for behavioral science training in graduate medical education settings and for clinical practice for primary care settings
- By attending clinical practice updates and other sessions focused on common psychiatric and health problems seen in primary care, attendee will be able to apply up to date evidence-based research to support clinical interventions in their clinical settings.
- When dealing with issues of patient satisfaction, the patient's experience of illness, and any concerns about patient safety, the attendee will be prepared to elicit and understand the patient's perspective about their health care.

TARGET AUDIENCE

Physicians, behavioral scientists/coordinators and allied health professionals in medical education.

HOTEL INFORMATION

DoubleTree by Hilton Chicago – Magnificent Mile
300 East Ohio Street, Chicago, IL 60601

Reservations: Toll Free (800) 222-8733 or online
<http://tinyurl.com/DoubleTreeForum2017>

A block of rooms is reserved for registrants until August 22, 2017 at a special rate of \$199 plus tax, per night.

Note: To receive the special rate, reference "The Forum for Behavioral Science in Family Medicine" or "FBS". If conference attendance exceeds expectations, rooms in the conference block may be sold out prior to this date.

Plenary Speakers:



ONE PHYSICIAN'S STORY: ILLNESS, RECOVERY AND A NEW SYNDROME

Macaran Baird, MD, MS

Dr. Baird has spent most of his career caring for patients, teaching and writing about integrating behavioral health into family medicine. In 2012 he developed a life-threatening illness and spent a combined 5 months in the hospital and additional year on chemotherapy. Surviving was his early goal and eventually the challenge was how to live post-illness in a meaningful way. With this presentation he will share his experiences as both health care professional and patient. Factors that he found favorable for survival, resilience and gratitude seem to have combined with expert care to benefit him as a patient and teacher. The goal of his presentation and audience participation is to explore themes that weave through his story and may assist others with patient care, teaching and, perhaps, personal adaptation to serious illness.



LET PATIENTS HELP: THE ERA OF THE PARTICIPATING PATIENT "e-Patient Dave" deBronkart

"e-Patient Dave" deBronkart has been quietly and not so quietly altering the balance of power in health care by creating a new dynamic in how information is delivered, accessed and used by the patient. He actively promotes opening health care information directly to patients which has the power to revolutionize the relationship between patient and health care providers. In his new world of participatory medicine, patients become potent agents in managing their own health partnership with their physicians. This new relationship is a collaborative partnership in which both parties are more fulfilled. Ultimately, e-Patient Dave's passion is to establish a new paradigm of health care in which all patients are **empowered, engaged, equipped and enabled**. He will share his personal health experiences and wisdom on how to empower patients by giving them access to their records, encouraging them to Google their health concerns, and by involving them directly in complex clinical decisions.



DO YOU HEAR WHAT I HEAR? HOW LISTENING TO PATIENTS STORIES CAN REDUCE HEALTH DISPARITIES AND ENHANCE CARE

Kathryn Fraser, PhD

Health care providers should be attuned to hearing the patient's real voice during the medical interview. This requires patience, understanding, and humility. Providers often encounter misunderstood and mistreated patients due to their unique cultural characteristics. They should be open to hearing stories of outright discrimination, subtle bias, and everything in between. This session will provide examples from patients who have felt unheard, dismissed or ignored by their healthcare providers. Participants will hear evidence-based recommendations for fostering patient disclosure and forging connections instead of promoting isolation and silence. The session will review research about health disparities but will primarily focus on facilitating a deeper experience for the participant that encourages a shift in thinking about personal bias and prejudice. We will examine what narrative medicine describes as the benefits of hearing the patients' voice and their story, as well as how Relational-Cultural Theory informs us on creating connection and mutual empowerment with patients of difference. Finally, participants will reflect on their conference experience regarding stories from the patient's voice and find common connections with their co-attendees to produce their stories in small groups. The presenter will conclude the plenary with examples of the role of her voice as a patient.

Wednesday, September 13, 2017

2:30 – 6:30 pm

REGISTRATION

3:30 – 5:00

Workshop 101

Resident Wellness

Emilee Delbridge, PhD, LMFT; Amy Polsinello, MD; Kristie Espinal, MEd; Jackie Nonweiler-Parr, MD

If You Build It, They Will Come: Creating a Successful Resident Support Group Program

Jennifer Ayres, PhD

Lecture

Milestone Evaluation of Physician-Patient Communication: Assessing Resident Skill (3:30 - 4:30)

Discussion 102

Angela Buffington, PhD, LP, ABPP-CP; Erin Westfall, DO

Workshop 103

Using Self-Disclosure to Improve Trainees' Understanding of the Patient Experience

Jessica Hauser, PhD

Workshop 104

Delivering News: The Good, the Bad and the Ugly

Heidi Musgrave, PhD; Amberly Burger, MD

5:15 – 6:30

GATHERING IN: Bringing the Patient's Voice to the Conversation: Can you hear it?

Molly Clark, PhD; Tom Bishop, PsyD; Katie Fortenberry, PhD

Join with fellow Forum attendees and the co-chairs of the STFM Group on Family and Behavioral Health as they introduce the 2017 Forum theme and lead activities to welcome and build connections with new and seasoned attendees.

Thursday, September 14, 2017

7:30 – 5:00 pm

REGISTRATION

8:00 – 9:15

WELCOME AND PLENARY (Breakfast Provided)

One Physician's Story: Illness, Recovery and a New Syndrome

Macaran Baird, MD, MS

9:30 – 10:30

Clinical Practice
Update 105

Suicide in Older Patients

William Johnson, MD; Scott Fields, PhD

Lecture

Doc, Can You Do Me a FAVOR? The Inappropriate Patient Request - Getting to NO

Discussion 106

Michelle Kane, PsyD; Lee Chambliss, MD

Lecture

The Patient's Voice in a Family Context: Educational Methods in Family-Centered Care

Discussion 107

Daniel Felix, PhD; Max Zubatsky, PhD; Laura Sudano, PhD; Emilee Delbridge, PhD

Lecture

Wellness Groups Not Going So Well? We Can Help!

Discussion 108

Lauren Penwell-Waines, PhD; Alex Reed, PsyD, MPH; Susan King, MSW, LCSW

Lecture

Walking in the Shoes of the Person with Diabetes

Discussion 109

Anne Daly, MS, RDN, BC-ADM, CDE; Wendi El-Amin, MD

10:30 – 10:45

BREAK

10:45 – 11:45

Lecture

What Do I Do Now? The Ethics of Honoring the Patient's Voice

Discussion 110

Aaron Grace, PsyD; Heather Kirkpatrick, PhD

Lecture

Can You Hear the Patient's Voice? Creating Patient Advisory Councils to Impact Practice

Discussion 111

S. Alicia Williams, MA, CSAC; Thomas Bishop, PsyD

Partnering with Patients: Creating a Patient Advisory Council

Jim Schmidt, LISW; Melissa Jefferis, MD

Lecture

Focusing on Doctor Patient Interaction: Peer to Peer Feedback through Blog Reflections

Discussion 112

Elise Morris, MD; Jeanine Turner, PhD

Lecture

Teaching Harm Reduction: A Critical Skill in Treating Substance Use Disorders

Discussion 113

Amber Hewitt, PsyD

Lecture

Providing LGBTQ-Affirmative Care in the Family Medicine Setting

Discussion 114

Cynthia Kim, LCSW; Stephanie Richers, LCSW

11:45 – 1:15

LUNCH ON YOUR OWN

1:15 – 2:15 pm

Lecture

The Veil of the White Coat: Uncovering Physicians' Empathy of Patients' Experiences

Discussion 115

Mark Dixon, PhD; Sundonia. Williams, PhD

Research 116

Research on Patient Care (See abstracts for details) - Moderator: Mary Talen, PhD

Clinical Practice
Update 117

Beyond Opioids: Helping your Patients Develop Active Pain Management Skills

Julie L. Rickert, PsyD; Megan Schmidt, BS, RD; Thomas Seaver, BS

Thursday, September 14, 2017

1:15 – 2:15 pm

Lecture
Discussion 118
Lecture
Discussion 119

Pay Attention: Developing Protocols for ADHD Across the Lifespan
Patricia McGuire, MD
Forgotten, Silent, and Over-Ruled: Hearing the Voice of the Nursing Home Patient
Ande Williams, MS; Amber Cadick, PhD, HSPP

Grant Writing
Workshop

Grant Writing with a Focus on Behavioral Science and Primary Care (*limited enrollment*) (1:30-3:15)
Davis Nelson, PhD; Leslie Ruffalo, PhD; Melissa DeNormie, MS

2:15 – 2:30

BREAK

2:30 – 3:30

Clinical Practice
Update 120

Supporting Families Managing Parental Mental Illness/PTSD: Challenges and Resources
Michelle Sherman, PhD

Lecture
Discussion 121

Essential Elements of Successful Leadership in Family Medicine Education
Oliver Oyama, PhD, PA-C; Elizabeth Lawrence, MD

Lecture
Discussion 122

A Curriculum for Teaching Professionalism and Ethics through Patient Stories
Jacqueline Maxwell, PsyD; Richard Feldman, MD

Lecture
Discussion 123

Preparing Residents for Integrated Behavioral Health: A Competency-Based Curriculum
Matthew Martin, PhD; Thomas Bishop, PsyD; Elizabeth Banks, PhD; Linda Myerholtz, PhD; Jennifer Harsh, PhD; David Bauman, PsyD; Amber Hewitt, PsyD; Max Zubatsky, PhD; Allison Bickett, MS

Lecture
Discussion 124

Focusing on Strengths: Does This Reduce Burnout and Improve Engagement?
Lindsay Fazio, PhD; Miranda Huffman, MD, MEd

3:30 – 3:45

BREAK

3:45 – 5:15

Lecture
Discussion 125

HEARTSINK: “Difficult” Doctor/Patient Interactions (and How to Survive Them) (3:45 - 4:45)
Gregory Sazima, MD

Workshop 126

Resident Well-Being Workshop: A Therapeutic Afternoon
Bonnie Cole Gifford, JD, LMFT; Roberta Weintraut, MD; James Brunson, Jr., LMFT; Leon Gorby, MD

Research 127

Symposium on Formative Research (*See abstracts for details*) – Moderator: *David Nelson, PhD*

Seminar 128

Race Matters: Addressing Racism as a Health Issue
Camille Garrison, MD; Brian Johnston, PGY-2; Ashley Munroe, PGY-3; Veneshia McKinney, MD

Workshop 129

The Balint Group Experience: Promoting Relationship Awareness (Session I)
Phillip Phelps, LCSW; John Freedy, MD, PhD; John Muench, MD, MPH; Allison Bickett, MS

Friday, September 15, 2017

7:00 – 8:00 am

ROUND TABLE DISCUSSIONS (*Breakfast Provided*)

8:00 – 9:30

Workshop 130

Now What? Making the Most of Your Behavioral Science Career Now that You're Not a Beginner
Claudia Allen, PhD, JD; Theodore Siedlecki, Jr., PhD

Workshop 131

Engaging Millennial Learners by Overcoming our Generational Differences
Beverlee Ciccone, PhD; Julianne Lucco, MD; Margaret Ciaverelli, DO; Ellen Duvencek, MD

Research 132

Integrated Care Showcase (*See abstracts for details*) – Moderator: *John Muench, MD, MPH*

Seminar 133

A Holistic and Integrative Perspective on Resident Wellness
Nick Yaghmour, MPP; Jeffrey Ring, PhD

Seminar 134

The Evolving Role of Patients' Voices in Residency Communication Curriculums
Daniel Hargraves, MSW; Keesha Goodnow, BAE; Christopher White, MD, JD

9:30 – 9:45

BREAK

9:45 – 10:45

Clinical Practice
Update 135

Emotional Complications in the Perinatal Population
Julie Owen, MD; Christina Wichman, DO

Lecture
Discussion 136

Medication Assisted Treatment: Integrating Learners in Rural Primary Care
David J. Casey, MSW, CSWA, CADC II; Chloe Ackerman, PsyD; Aaron Winder, RN, BSN

Lecture
Discussion 137

Developing a Behavioral Science Curriculum for Rotating Medical Students
Limor Gildenblatt, PhD; Annmarie Walsh, DO; Shelly Capps, MD; Angelica Alonso, BS



Register Online: http://ocpe.mcw.edu/family_medicine

Friday, September 15, 2017

9:45 – 10:45

Lecture
Discussion 138

Workshop 139

Mastering the Warm Handoff: Patient-Focused Integrated Behavioral Health Referrals
Karen Kersting, PhD; Jim Sanders, MD, MPH; Nathan Ferda, MD

The Balint Group Experience: Promoting Relationship Awareness (Session II) (9:45 – 11:45)
Phillip Phelps, LCSW; John Freedy, MD, PhD; John Muench, MD, MPH; Allison Bickett, MS

10:45 – 11:00

11:00 – 12:00

Clinical Practice
Update 140

Research 141

Lecture
Discussion 142

Lecture
Discussion 143

Dementia - Update on Diagnosis and Pharmacotherapy
Christine Jacobs, MD

Research on Curriculum (See abstracts for details) – Moderator: *Timothy Spruill, EdD*

Turning the Tables: When Physicians Become Patients
Mary Talen, PhD; Jeffrey Rosenblatt, MD; Geraldine Malana, MD

Clinical Teaching Methods for Helping Residents Develop Brief Counseling Skills
Dan Felix, PhD; Michael Bloom, PhD

12:15 – 1:45 pm

LUNCH AND PLENARY (Lunch Provided)

Let Patients Help: The Era of the Participating Patient
“e-Patient Dave” deBronkart

2:00 – 3:00

Clinical Practice
Update 144

Lecture
Discussion 145

Lecture
Discussion 146

Lecture
Discussion 147

Research 148

Lions, Tigers, and Bears, Oh My! Childhood Anxiety Disorders
Lynn Simons, PsyD; Chelsea Gray, DO; Nadeen Jamil, MD

A Change is Gonna Come: Starting a Dialogue about Social and Racial Justice in Residency
Rebekah Schiefer, MSW, LCSW; Amanda Aninwene, MD; Brian Park, MD, MPH

Revisiting the Canons of Psychiatry: Teaching CATIE, STAR*D & STEP-BD to Family Medicine Residents
Kevin Brazill, DO; Stephen Warnick, Jr., MD; Christopher White, MD, JD

Beyond the Identified Patient: From Family Medicine Resident into Systems Thinker
Jay Brieler, MD; Max Zubatsky, PhD; Randy Gallamore, MA; Alicia Brooks, MD

Research on Integrated Care (See abstracts for details) – Moderator: *Linda Myerholtz, PhD*

3:00 – 3:15

3:15 – 5:15

Workshop 149

Workshop 150

Workshop 151

Workshop 152

Workshop 153

Behavioral Science Faculty as Change Leaders: Assess Your Skills & Add to Your Toolbox
Deborah Taylor, PhD

Put on Your Own Mask First: Practicing What We Teach & Other Self-Care Strategies (3:15-4:45)
Jennifer Ayres, PhD

Workshop on Writing and Listening: Exercises that Reach Caregivers and Reduce Stress (3:15-4:45)
Mark Marnocha, PhD; Deborah Schultz, MD; Suzanne Marnocha, PhD

Put Down the Power Point: Dynamic Strategies to Improve Engagement and Learning (3:15-4:45)
Amber Cadick, PhD; Nicole McGuire, DHSc, MS, RRT, CNP

Bringing Sexy Back: Active Learning Strategies to Entice and Engage Medical Learners (3:15-4:45)
Kaitlin Leckie, PhD; Laura Sudano, PhD

The Infinite Connection between Safety, Health, and Emotional Regulation
Terri Wall, PhD; Bethany Crawley, JD, RYT; Maria Mahmoodi, MD, FAAFP

Saturday, September 16, 2017

7:30 – 9:15 am

COFFEE AND MUFFIN SERVICE

8:00 – 9:00

Clinical Practice
Update 154

Lecture
Discussion 155

Lecture
Discussion 156

Lecture
Discussion 157

Narcolepsy: Theory and Treatment Update
Heather Kirkpatrick, PhD; Megan Meade-Higgins, PsyD; Laci Zawilinski, PhD

Out of the Ruins: Visualizations and Narratives of those Formerly Homeless
David Nelson, PhD; Jeff Morzinski, PhD

Beyond Didactics: Teaching Equitable Team-Based Care for Chronic Pain via Panel Review
Christine Danner, PhD; Cheryl Wicks, MD

Interactive Clinical Case Review: Incorporating the Patient's Voice
Nancy Newman, MD; Marchion Hinton, PhD

Hearing the Patient's Voice through Case Conferences Facilitated by Learners
Anatol Tolchinsky, PhD; Alexandros Maragakis, PhD; Lauren Ostarello, MS; Shannon Franz, BA

Lecture
Discussion 158

There's an App for That: Behavioral Health Apps to Improve Patient Care and Education
Stephen Warnick, Jr., MD; Christopher White, MD, JD; Kevin Brazill, DO

Saturday, September 16, 2017

9:15 – 10:15

- Lecture Topical Influences on the Patient Experience: Why “Flint-stones” Still Won’t Drink the Water
Discussion 159 *Erin O’Connor, PhD; Syed Zaidi, MD*
- Lecture A Novel Multimedia Approach to Understanding Young Adults Experiences with Depression
Discussion 160 *Nancy Pandhi, MD, MPH, PhD; Colin Kluender*
- Lecture Teaching & Providing Behavioral Sleep Medicine Services in a Family Medicine Residency
Discussion 161 *Gordon Bush, PhD*
- Lecture Managing Up and Around: Behavioral Scientists and Residency Leadership Coaching
Discussion 162 *Jeffrey Ring, PhD*
- Lecture Patient Voices Matter... until There is a Conscience Clause
Discussion 163 *Lynn Simons, PsyD; Chelsea Gray, DO; Nadeen Jamil, MD*

10:15 – 10:30

BREAK

10:30 – 11:30

CLOSING PLENARY

Do You Hear What I Hear? How Listening to Patients Stories Can Reduce Health Disparities and Enhance Care – Kathryn Fraser, PhD

11:30 am

ADJOURN

REGISTRATION

To register please visit: http://ocpe.mcw.edu/family_medicine

For more information: www.familymedicine.org

If paying by check (*after you have registered*) make check payable to: Medical College of Wisconsin

And forward to: Mary Ellen Radjenovich, DFCM
 Medical College of Wisconsin
 8701 Watertown Plank Road
 Milwaukee, WI 53226-0509

Questions: Contact Mary Ellen Radjenovich at meradjen@mcw.edu or 414-955-8189

Please note there is a \$15.00 non-refundable processing fee for all registrations.

FULL REGISTRATION FEES:

- Paid by 8/14/17\$450
- Paid **after** 8/14/17\$480
- Resident/Medical Student/Graduate Student/Fellow
Paid by 8/14/17\$230
- Resident/Medical Student/Graduate Student/Fellow
Paid **after** 8/14/17\$270

ONE DAY REGISTRATION FEES:

- Paid by 8/14/17\$265
- Paid **after** 8/14/17\$280
- Resident/Medical Student/Graduate Student/Fellow
Paid by 8/14/17\$170
- Resident/Medical Student/Graduate Student/Fellow
Paid **after** 8/14/17\$190

*Full registration includes breakfasts, luncheon, breaks, and continuing education credits.
(If unable to attend, 50% of the fee paid will be refunded if written notification is postmarked
by 8/14/17. There will be no refunds after this date.)*



**Celebrating 38 Years of Behavioral
Science Education in Family Medicine**